

**BREATHING ROOM: OPEN YOUR HEART BY
DECLUTTERING YOUR HOME**

Lyne K. Aurora

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Feb 21, Breathing Room: Open Your Heart by Decluttering Your Home.

Breathing Room | Lauren Rosenfeld - Jan Spragge

A practice of letting go gratefully and joyfully. This single conscious choice can shift your life in ways you cannot begin to imagine. It is an exercise of your true.

Related books: [BINETSU NO TENSHI \(Japanese Edition\)](#), [Moo and Baa stories Moos Friends no:10 \(Moos Friends no:10\)](#), [London Lace, #1](#), [PS3 Youtube Guide \[How to earn passive income with Youtubel\]](#), [Why Planes Crash: An Accident Investigator's Fight for Safe Skies](#), [FLaw Of Attraction](#), [Jingle My Bells](#).

I recommend this book to home lovers who want to see a different side of your home and yourself and who need a helping hand to clear your clutter at home and within. It seemed I had to reach much deeper than that and look both on the spiritual and practical. A beautiful, enlightening book about being compassionate with ourselves and our clutter. Createyourwebsitetoday.Iffeelasenseoflightnessandfreedom. For each space, you will pick at least three words to describe the energy that you want to create in that particular room. You may like to read these chapters in order, but it is not necessary to do. From the outside looking in, my life was perfect.

Afterreadingthisbook,itwasveryclearwhatwasimportantandwhatwasjust saw that the need to declutter at every level of our being—physically, mentally, emotionally, and spiritually—was deep-seated in many people and that these people needed a guide.